# Make life a little easier with home delivery

# **COST-SAVING SERVICES**

- You'll typically pay less by getting up to a 90-day supply.
- Our specialists can help you find cost-saving opportunities, such as generic options.

## **AT-HOME CONVENIENCE**

- Enjoy free standard delivery right to your home.
- Automatically receive refill reminders by email so you never run out.
- Refill your medication by phone or online.
- With your permission, we will contact your doctor when it's time to renew.

## **HEALTH AND SAFETY SUPPORT**

- Pharmacists are available 24/7 to help answer your medication questions.
- Specialist pharmacists can help with the medications used to treat specific conditions, such as high blood pressure or diabetes.

# **ONLINE SERVICES**

- Track your prescriptions and home delivery refills.
- View claims, balances and prescription history.
- Receive alerts if there's a prescription-related safety issue.

# Get started with home delivery. Visit www.highmarkbcbs.com

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Express Scripts is an independent company that administers your prescription drug benefit for your health plan. 5/20 HC410494

# FAQs about home delivery

### WHAT IS HOME DELIVERY?

Home delivery sends your maintenance medications (those you need on a long-term basis) straight to your doorstep. You should use a retail pharmacy for medications you take on a short-term basis, such as antibiotics.

### **HOW DO I GET STARTED?**

Easy. Visit **highmarkbcbs.com**, sign in, then choose which of your current maintenance medications you'd like to receive through home delivery. Or just call us at the number on your member ID card to get started.

## DO I NEED TO CALL MY DOCTOR ABOUT THIS?

Most people prefer to have us contact their doctor to get a new 90-day prescription for home delivery. Just get started as described above, and we'll follow up with your doctor if necessary.

## HOW LONG WILL IT TAKE TO GET MY MEDICATION?

When you fill a prescription through home delivery for the first time, you should receive your medication within two weeks after Express Scripts receives your order. Refills are usually processed sooner – within 3 to 5 days.



