



ACSHIC Wellness Rewards Program

**Wellness is its own reward.
But extra rewards are nice, too.**

Welcome to your wellness rewards program featuring both Sharecare and EdLogics.

It gives you personalized guidance for a healthier lifestyle through nutrition, exercise, getting the right amount of sleep, reducing stress, and more. And the best part? You can get real rewards for participating with a \$100 e-gift card administered by EdLogics.



How do I earn my rewards?

You need **1,000 points** total to complete this program. Just complete the following **required activities** — and then choose from the **additional activities** to earn the rest of your points.

Required activities (750 points total)

Complete RealAge Test on Sharecare- 250 points

Helps you understand your RealAge compared to your calendar age and find out what you can do to improve your health.

Complete 2021 Wellness Rewards Game on EdLogics - 250 points

Learn more about the wellness offerings available to you within your Sharecare platform and better understand and complete rewards. If you are new to EdLogics, please register at myedlogics.com/acshic/account/register. Once you complete the 2021 Wellness Rewards Game, please allow up to 6 weeks for credit to display in Sharecare.

Complete a Preventive Exam or Cancer Screening - 250 points

Receive credit for completion of a Preventive exam, breast cancer screening, colorectal cancer screening or cervical cancer screening according to your preventive schedule. The preventive exam may be completed in-person or virtually if your provider allows.

Note: if you received a preventive exam after June 30, 2019, you will automatically receive credit for this activity. Once a claim is submitted by your provider, please allow up to 6 weeks for credit to display in Sharecare.

Complete one additional activity (250 points each)

- **Engage in Health Coaching** - Call 1-877-258-3123 to get started.
- **Engage in RealAge Program** - To earn credit for this activity, track 1 lifestyle category, a minimum of 4 days per week, for 3 weeks in Sharecare.
- **Achieve 60 Green Days Challenge** - Join the ACSHIC Green Day Challenge in Sharecare to get started.
- **Engage in Livongo Diabetes Program** - Enroll and activate your account at well360.livongo.com to start tracking your glucose.
- **Complete 4 Sessions of the Diabetes Prevention Program (DPP)**- Visit Highmarkbcbs.com and select Diabetes Prevention to determine eligibility and enroll.

Get started.

To start earning rewards, create your account at mycare.sharecare.com. Make sure to enter your information exactly as it appears on your Highmark member ID card. Already have an existing Sharecare account? Sign in with your existing Sharecare username and password.

Once you have an account, you can access Rewards on the Sharecare website or by downloading the **Sharecare app**.

If you are new to EdLogics, please register at myedlogics.com/acshic/account/register.

And don't wait - make sure you register on or after January 01, 2021 to start earning your wellness rewards through June 30, 2021.

Who's eligible?

Medically covered employees and retirees.

Questions?

Contact your Highmark Concierge Representative at **1-877-258-3123** for questions about this program or email ACSHIC_support@edlogics.com for questions on the 2021 Wellness Rewards Game on EdLogics.

Visit ACSHIC.com to see an updated list of FAQs.

Get rewarded.

Receive a \$100 gift card with your choice of Amazon, Dick's Sporting Goods, or Target, which will be distributed through EdLogics.

Rewards are provided by your employer and not your health plan.

Rewards are subject to income taxes and may be subject to applicable wage withholdings and may take the form of a spending account contribution.

Health benefits or health benefit administration may be provided by or through Highmark Blue Cross Blue Shield, Highmark Choice Company, First Priority Health or First Priority Life, all of which are independent licensees of the Blue Cross Blue Shield Association.

Sharecare is a registered trademark of Sharecare, Inc., an independent and separate company that provides a consumer care engagement platform for Highmark members. Sharecare is solely responsible for its programs and services, which are not a substitute for professional medical advice, diagnosis or treatment. Sharecare does not endorse any specific product service or treatment. Health care plans and the benefits thereunder are subject to the terms of the applicable benefit agreement.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

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