

# Introducing Your Member Portal and App

Browse benefits. Request services. Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through your member portal and app.

#### Video, Chat and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

#### Thousands of Self-Care Articles and Resources

Explore videos, provider resource locators, personal assessments, calculators and tools

### **Events Calendar and Free Webinars**

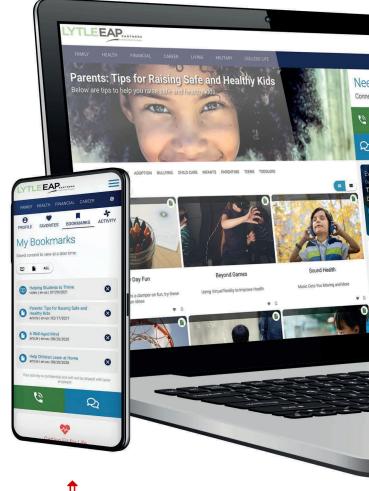
Sign up for the latest webinars and online training sessions

### **Exclusive Discounts**

Save money on entertainment, gifts, travel and consumer goods

## Getting Started Is Easy

- Visit your landing page, www.lytleeap.com, and click on "Member Portal & App" in the top menu
- 2. Register to create a new account using your company code: **acshic**
- A confirmation email will be sent to complete the process





**Contact Lytle EAP Partners** 

Call: 800-327-7272

Visit: www.lytleeap.com

