

Integrative Oncology

As an active patient, Integrative Oncology gives you the opportunity to build a team of experts to enhance your wellbeing.

The practice of integrative medicine cares for your health at all levels: mental, physical, social and spiritual. Our program goes a step further to compliment conventional cancer care.

Consider enrolling in one of our complimentary programs to help you better acclimate into daily life while receiving treatment.

Wig Program

This program is beneficial for any newly diagnosed cancer patients that are anticipating or expecting hair loss and currently do not have a wig.

Schedule an in-person or virtual visit at one of our locations to choose a complimentary wig that fits your style.

Care & Cosmetics

Register for an in-person or virtual class to learn tips and techniques on how to apply makeup to enhance your look. Learn about wigs and styling techniques that will give you a more natural look.

Receive complimentary cosmetics customized for you by a cosmetologist.

Caring For Your Skin & Nails

Our uniquely certified team will teach you best practices on how to care for changes in your skin and nails during and after treatment. Learn more about product ingredients and things to avoid.

Receive complimentary skin and nailcare product samples customized for you.

AHN Cancer Institute Wig Program, Care & Cosmetics, Caring For Your Skin & Nails and Integrative Oncology appointments are available to any AHN and non-AHN patient with a cancer diagnosis.

Reflections is for AHN Cancer Institute patients only at this time.

Schedule a visit at our clinic

At your Integrative Oncology consult, Dr. Sarah Miller will discuss disease and treatment-related side effects, then explore together physician recommended complementary therapies to help combat side effects. Our treatment methods focus on four main areas:



- Health and fitness
- Diet and nutrition
- Image and appearance
- Mind and body

During this time together, we will review a menu of holistic approaches in these categories, customize a plan of care unique to you, and assist you through your cancer journey. Our goal is always to improve and enhance your quality of life and healing outcomes. Dr. Miller may even suggest specific services offered through our Reflections program.

Reflections

Reminding you to take time for yourself.

Reflections program offers a complimentary voucher for rejuvenation services at preferred provider locations in the South Hills, Greater Pittsburgh, North Hills and Erie areas.

Services include:

- Massage
- Reiki
- Acupuncture
- Manicure
- Pedicure
- Shaving of the head
- Shaping of the wig
- One-on-one eyebrow drawing tutorial
- Facial
- Himalayan salt cave sessions

As you take these steps, we will be right by your side to guide you through this experience, creating a cohesive support method and caring for you completely.

Call 412-330-4045 to register for our programs