

Welcome to Well360

# Virtual Health



**Save time and get care — wherever it's convenient for you.** With virtual visits, you can see a provider for symptoms and conditions that can be treated from home. You can even have prescriptions and refills sent to your preferred pharmacy.\*

## You also have virtual access to:

### Behavioral health

Get the care you need to feel your best. Meet with a therapist or psychiatrist for services like talk therapy and medication management.

### Urgent care

Doctors are available 24/7 to treat minor injuries and ailments like colds, flu, sprains, ear pains, and more.

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**Good news:** To keep all your health in one place, Well360 Virtual Health is now exclusively available in the **My Highmark app** under the **Get Care** section.



Just scan this QR code to download the app or visit the website at **MyHighmark.com** to get care today.

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Because Life.™



**Allegheny County Schools**  
Health Insurance Consortium



Because Life.™

\*Health professionals can prescribe medication, but at this time are not able to prescribe any narcotics.

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