

# A new, simpler way to manage your health— My Highmark

Try out your new member app and website.



DOWNLOAD THE **MY HIGHMARK APP** OR VISIT **MYHIGHMARK.COM** TODAY.

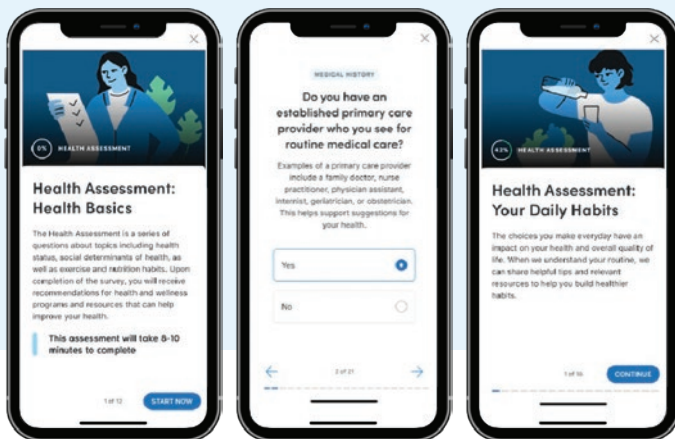
**Did you know you can personalize your digital experience by completing a health assessment?**

Based on your health assessment you'll receive recommendations on programs and activities to reach your health goals. You can also check your health journey daily for new suggestions and advice.



Already have an online account?  
You can log in using your existing Highmark username and password.

**Scan the code below to download the app.**



**MY HIGHMARK HAS EVERYTHING YOU NEED TO MANAGE YOUR BENEFITS AND REACH YOUR HEALTH GOALS – ALL IN ONE PLACE.**