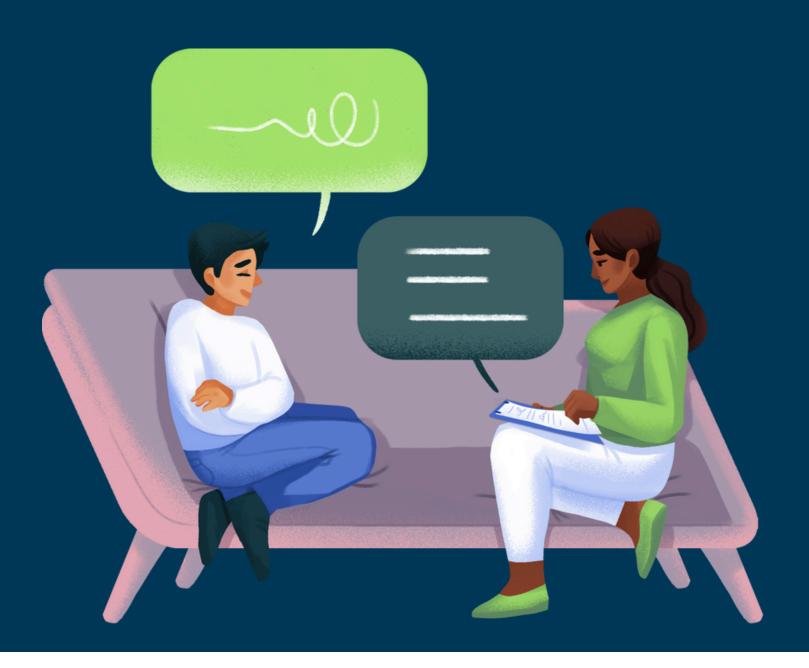


IMMEDIATE AVAILABILITY

AHN Chill Project™ is currently accepting new clients for therapy services

- Find relief from anxiety and worry
- Discover a path towards healing and happiness
- Learn strategies to cope with stress and feel calm
- Improve communication and connection
- Achieve a greater sense of wellbeing





- Immediate appointments available
- Confidential & supportive environment
- Most insurance plans accepted
- Serving all ages kids to adults
- Teletherapy preferred



TO GET STARTED, CONTACT:

Jefferson Counseling Services 412-650-1100 chillprojectmindsinmotion@ahn.org

